

Name	Position	Link
A1 Truckstop, 01476 860916, 6am-10pm	N52 48.221 W0 36.558	
A35 Caf 01305 269199, Mo-Fr 630am-7pm Sa 630am-7pm Su 745am-6pm	N50 42.880 W2 26.564	
A6 Cafe	N54 13.384 W2 46.372	
Abington Services, 01864 502637, Mo-Su 24hr	N55 30.313 W3 41.678	
Ace Cafe	N51 32.475 W0 16.665	<a href="http://www.ace-cafe-london.com">http://www.ace-cafe-london.com</a>
Adderstone Services, 01668 213440, Mo-Su 24hr	N55 33.881 W1 47.513	
Albion Inn 01458 210281 Mo-Th 7am-8pm Fr-Sa 7am-3pm Su 10am-3pm	N51 07.889 W2 49.499	
Alton Railway Station Cafe	N51 09.130 W0 58.034	
Anglia Motel, 01406 422766, Mo-Su 7am-9pm	N52 48.436 E0 03.488	
Annandale Water Services, 01576 470870, Mo-Su 24hr	N55 12.952 W3 24.926	
Ashford International, 01233 502919, Mo-Su 24hr	N51 07.253 E0 54.166	
Ashgrove, 01466 760223, Mo-Fr 7am-630pm Sa 8am-5pm Su 9am-5pm	N57 29.056 W2 51.383	
Avon Forest 01425 471641 Mo-Th 8am-8pm Fr-Sa 8am-6pm Su 9am-5pm	N50 49.533 W1 49.850	
Avon Lodge, 01179 827706, Mo 6am-11pm Tu-Fr 630am-1130pm	N51 30.316 W2 41.404	
Baldock Services, 01462 832810, Mo-Su 24hr	N52 00.865 W0 12.068	
Ballachulish Tourist Info Cafe	N56 40.717 W5 07.856	
Barbaras Tearooms, Pateley Bridge	N54 05.037 W1 45.769	
Barton Park Services, 01325 377777, Mo-Su 24hr	N54 28.025 W1 39.728	
BCT Cafe	N53 50.167 W1 47.379	<a href="http://www.bfmmotorcycles.co.uk/">http://www.bfmmotorcycles.co.uk/</a>
Beach Cafe nr Kippford	N54 52.777 W3 43.825	
Ben Nevis Inn	N56 49.185 W5 04.696	
Bernies Cafe	N54 09.259 W2 28.039	<a href="http://www.berniescafe.co.uk/catalog/">http://www.berniescafe.co.uk/catalog/</a>
Billy Jeans 01352 781118 Mo-Fr 730am-3pm Sa 730am-12pm	N53 14.828 W3 11.350	
Birch Lea, 01522 869293, Mo-Fr 7am-3pm Sa 8am-2pm	N53 09.140 W0 40.853	
Birch Services E-Bound, 01616 430911, Mo-Su 24hr	N53 34.141 W2 13.973	
Birch Services W-Bound, 01616 430911, Mo-Su 24hr	N53 34.017 W2 13.745	
Birchanger Services, 01279 652364, Mo-Su 24hr	N51 52.211 E0 11.701	
Birmingham Truckstop, 01216 282339, Mo-Fr 6am-12am Sa 10am-7pm	N52 27.486 W1 49.747	
Blackburn Services, 01254 870360, Mo-Su 24hr	N53 42.885 W2 28.682	
Blue & White Cafe	N51 07.248 E0 56.767	
Blyth Services, 01909 591841, Mo-Su 24hr	N53 23.218 W1 03.550	
Blyton Ice, Blyton	N53 26.660 W0 42.790	
Bolton West Services N-Bound, 08704 448641, Mo-Su 24hr	N53 35.986 W2 34.555	
Bolton West Services S-Bound, 08704 448641, Mo-Su 24hr	N53 36.046 W2 34.279	

Bothwell Services S-Bound, 01698 854123, Mo-Su 24hr	N55 48.820 W4 03.643	
Box Hill	N51 15.306 W0 19.400	
Boxtree Cafe Hockley Heath	N52 21.946 W1 46.917	<a href="http://www.boxtrees.co.uk/">http://www.boxtrees.co.uk/</a>
BP Budgens, 01353 669112, Mo-Su 6am-11pm	N52 23.472 E0 14.500	
Brandy W, nr Scunthorpe	N53 27.572 W0 28.364	
Bridge Cafe York	N53 58.371 W1 04.652	
Bridgewater Services, 01278 456800, Mo-Su 24hr	N51 06.203 W2 59.822	
British Camp	N52 03.692 W2 20.819	
Brobot, 01283 702565, Mo-Su 24hr	N52 51.285 W1 34.978	
BrookH	N53 31.202 W1 45.464	
Brymore Icecream	N54 15.519 W1 43.663	
Buddhist Mediation Centre	N53 56.309 W0 44.621	
Burger van on the Border	N55 21.275 W2 28.643	
Burger van Prudhoe	N54 57.945 W1 51.632	
Burger Wagon Prudhoe	N54 57.942 W1 51.639	
Burnizes Cafe	N53 53.746 W1 56.950	
Burnizes Cafe Steeton	N53 53.753 W1 56.984	
Burnside, 01501 751430, Mo-Fr 6am-12am	N55 51.314 W3 47.540	
Burton in Kendal Services N-Bnd, 01524781234, Mo-Su 24hr	N54 10.709 W2 44.086	
Burtonwood E-Bnd, 01925 651656, Mo-Fr 6am-930pm Sa-Su 7am-930pm	N53 25.093 W2 38.367	
Burtonwood Services W-Bound, 01925 651656, Mo-Su 24hr	N53 24.920 W2 38.135	
Cabin Café 01293 851575 Mo-Th 630am-7pm Fr 6am-1pm Sa 7am-130pm	N51 05.695 W0 14.846	
Caenby Corner Café, 01673 878388, Mo-Th 630am-9pm Fr 630am-6pm	N53 23.533 W0 32.851	
Caffle House Cafe Watendlath Cumbria	N54 32.211 W3 07.231	
Caffle House Cafe, Cumbria	N54 32.333 W3 07.300	
Cambridge Services, 01954 268400, Mo-Su 24hr	N52 16.180 W0 00.639	
Cardiff West Services, 02920 891141, Mo-Su 24hr	N51 30.527 W3 18.550	
Castle Bolton	N54 19.332 W1 56.935	
Castle Stalker Tearoom	N56 34.540 W5 22.727	
Castleton Tea Room	N54 27.797 W0 56.382	
Cat & Fiddle	N53 14.644 W1 59.976	
Cedar Café, 01361 850371, Su-Fr 8am-8pm Sa 8am-5pm	N55 53.016 W2 17.769	
Centurion Services, 01285 821256, Mo-Su 5am-930pm	N51 47.009 W2 02.220	
Chalet Caf, 01403 864314, Mo-Fr 5am-2pm Sa 7am-130pm Su 8am-1pm	N50 58.619 W0 16.750	
Chapel	N53 12.209 W1 36.271	
Charnock Richard Services N-Bnd, 01257791746, Mo-Su 24hr	N53 37.916 W2 41.536	

Charnock Richard Services S-Bnd, 01257791746, Mo-Su 24hr	N53 37.858 W2 41.329	
Chatteris Caf/Green Welly Motel, 01354 695490, Mo-Su 7am-10pm	N52 27.908 E0 02.582	
Chef Grill 01540 673702, Mo-Fr 630am-10pm Sa 7am-8pm Su 8am-8pm	N57 03.621 W4 07.648	
Cherwell Valley Services, 01869 346060, Mo-Su 24hr	N51 56.925 W1 11.922	
Chieveley Services, 01635 248024, Mo-Su 24hr	N51 27.016 W1 18.635	
Chocolate Shop	N54 18.428 W1 49.071	
Chris's Caf 01494 482121 Mo-Th 7am-7pm Fr 6am-2pm Sa 630am-12pm	N51 38.939 W0 51.490	
Clacket Lane Services E-Bound, 01959 565577, Mo-Su 24hr	N51 16.363 E0 02.218	
Clacket Lane Services W-Bound, 01959 565577, Mo-Su 24hr	N51 16.335 E0 02.425	
Clifton Bridge Café, 0115 9811467, Mo-Fr 7am-2pm Sa 7am-12pm	N52 55.339 W1 09.954	
Corley Services NW-Bound, 01676 540111, Mo-Su 11am 10pm	N52 28.183 W1 32.758	
Corley Services SE-Bound, 01676 540111, Mo-Su 11am 10pm	N52 28.369 W1 32.808	
Cottage Cafe Edale	N53 21.888 W1 48.974	
Cottage Cafe, Edale	N53 21.934 W1 48.953	
Crawley Crossing, 01908 281084, Mo-Su 24hr	N52 01.357 W0 36.334	
Craycombe Cafe	N52 07.388 W2 00.289	
Croft House Cafe	N54 32.464 W3 16.631	
Crossgates	N52 16.506 W3 20.191	
Cullompton MSA Services, 01884 38054, Mo-Su 7am-8pm	N50 51.793 W3 23.042	
Cyclists Cafe, Elton	N53 08.704 W1 40.182	
Davidsons Junction 40 Ltd, 01768 867101, Mo-Su 24hr	N54 39.494 W2 45.578	
Deans Garden Center York	N53 59.395 W1 00.848	
Dinky's Dinah's Cafe	N52 42.819 W2 52.257	<a href="http://www.dinkysdinahs.co.uk/index.html">http://www.dinkysdinahs.co.uk/index.html</a>
Dinky's Dinah's, 01743 850070, Mo-Su 24hr	N52 42.805 W2 51.859	
Doncaster North Services, 01302 847700, Mo-Su 24hr	N53 35.547 W0 59.372	
Donington Park Services, 01509 672220, Mo-Su 24hr	N52 49.324 W1 18.631	
Downs Cafe	N51 27.579 W3 25.270	
Durham Services, 01913 779222, Mo-Su 24hr	N54 43.668 W1 31.351	
Edge Clse Farm	N53 12.734 W1 47.851	
Europa Truckstop, 01555 894889, Mo-Su 5am-11pm	N55 38.966 W3 53.573	
Exelby Serv's N, 01609 882280, Mo-Fr 6am-10pm Sa 7am-9pm	N54 24.245 W1 19.210	
Exelby Serv's S, 01609 882662, Mo-Su 24hr	N54 24.907 W1 19.177	
Exeter Services, 01392 436266, Mo-Su 24hr	N50 43.064 W3 27.922	
Falls of Shin	N57 57.614 W4 24.487	<a href="http://www.fallsofshin.co.uk/">http://www.fallsofshin.co.uk/</a>
Falls of Shin Cafe	N57 57.614 W4 24.487	<a href="http://www.fallsofshin.co.uk/">http://www.fallsofshin.co.uk/</a>
Farmers Cart Cafe Strensall	N54 01.149 W1 00.294	

Ferrybridge Services, 01977 672767, Mo-Su 24hr	N53 41.850 W1 15.833	
Filling Station, 01830 520525, Mo-Su 8am-5pm	N55 18.841 W2 21.662	
First Motorway Services, 01633 881515, Mo-Su 24hr	N51 51.104 W2 39.935	
Fizor Tea Room	N54 13.413 W1 15.900	
Fleet Services NE-Bound, 01252 628539, Mo-Su 24hr	N51 17.846 W0 51.341	
Fleet Services SW-Bound, 01252 627205, Mo-Su 24hr	N51 17.647 W0 51.415	
Frankley Services N-Bound, 01215 503131, Mo-Su 24hr	N52 25.774 W2 01.181	
Frankley Services S-Bound, 01215 503131, Mo-Su 24hr	N52 25.762 W2 00.985	
George	N53 19.813 W1 39.340	
Get Stuffed Cafe York	N53 57.326 W1 06.427	
Glebe Cafe Kildale NYM	N54 28.596 W1 03.856	<a href="http://www.glebecottagekildale.co.uk/">http://www.glebecottagekildale.co.uk/</a>
Glendarroch Tea Room	N56 06.029 W4 38.497	
Gliding Club	N54 14.072 W1 12.093	
Golden Fleece, 01228 542766, Mo-Su 24hr	N54 51.394 W2 52.550	
Gordano Services, 01275 375885, Mo-Su 24hr	N51 28.559 W2 42.534	
Grahams 01278663052 Mo-Th 7am-745pm Fr 630am-3pm Sa 7am-11pm	N51 05.965 W3 00.179	
Grange	N53 06.907 W1 38.233	
Granthamm North Services, 01476 563451, Mo-Su 24hr	N52 56.899 W0 40.742	
Greasy Joe's Café, 01285 640275, 6am-4pm	N51 42.459 W1 57.302	
Green Welly Cafe	N56 26.268 W4 42.733	
Gretna Green Services, 01461 337567, Mo-Su 24hr	N55 00.527 W3 05.210	
Grindleford Stn Cafe	N53 18.306 W1 37.481	
Grindlford Stn Cafe	N53 18.313 W1 37.474	
Halfway House, 01788 822888, 7am-11pm	N52 20.026 W1 10.490	
Halfway House, 01788 822888, Mo-Su 7am-11pm	N52 21.189 W1 10.379	
Hamilton Services, 01698 282176, Mo-Su 24hr	N55 47.236 W4 02.002	
Happendon Burger Van	N55 35.101 W3 49.517	
Happendon Services, 01555 850260, Mo-Su 24hr	N55 34.996 W3 49.330	
Harbour Café, 01955 602433, Mo-Sa 6am-5pm	N58 26.395 W3 05.199	
Harbour Restaurant, 01738 625788, Mo-Th 630am-330pm Fr 630-2pm	N56 23.172 W3 25.614	
Hartshead Moor Services NE-Bnd, 01274 876584, Mo-Su 24hr	N53 42.817 W1 44.882	
Hartshead Moor Services SW-Bnd, 01274 876584, Mo-Su 24hr	N53 42.814 W1 44.569	
Hartside Cafe	N54 46.194 W2 33.087	
Haverthwaite Station Cafe, Cumbria	N54 14.972 W2 59.973	
Heatherghyll Truckstop, 01864 502641, Mo-Fr 7am-10pm	N55 28.064 W3 40.061	
Heathpark Services, 01404 47325, 630am-11pm	N50 47.616 W3 12.537	

Hedgeley Services, 01665 578214, Mo-Su 6am-10pm	N55 26.680 W1 54.419	
Heston Services E-Bound, 02085 802104, Mo-Su 24hr	N51 29.296 W0 23.386	
Heston Services W-Bound, 02085 802104, Mo-Su 24hr	N51 29.284 W0 23.886	
Heywood Distribution Park, 01706 368645 Mo-Su 24hr	N53 35.035 W2 14.150	
Highwayman 01904 400417 Mo-Fr 7am-430pm Sa 7am-330pm Su 8am-3pm	N54 00.151 W1 00.742	
Hilltop Cafe	N51 06.101 W1 42.595	<a href="http://www.thehilltop.co.uk/">http://www.thehilltop.co.uk/</a>
Hilton Park Services N-Bound, 01922 701639, Mo-Su 24hr	N52 38.609 W2 03.439	
Hilton Park Services S-Bound, 01922 701639, Mo-Su 24hr	N52 38.638 W2 03.349	
Hollowgate Fisheries, Holmfirth	N53 34.183 W1 47.199	
Hopwood Park Services, 01214 474000, Mo-Su 24hr	N52 21.823 W1 56.926	
Hovingham Bakery & Tea Room	N54 10.425 W0 58.724	
How Stein Cafe, Lofthouse	N54 09.433 W1 51.403	
H's Cafe	N51 11.632 E1 11.154	
Huckleberry's	N53 54.813 W0 09.667	
Jacks Hill Café 01327 350522 Mo-Fr 6am-930pm Sa 6am-230pm	N52 08.672 W0 59.990	
Jayne's Place, 01909 591776, Mo-Th 630am-6pm Fr 630am-230pm	N53 23.639 W1 03.673	
Jct 29 Truckstop, 01246 856536, Mo-Su 24hr	N53 11.275 W1 20.828	
Jct 38, 01539624505 Mo-Fr 630am-11pm Sa 630am-8pm Su 630am-9pm	N54 26.325 W2 35.603	
Jervaulx Abbey Cafe	N54 15.987 W1 44.515	
Jervaulx Cafe	N54 15.987 W1 44.515	
Jolly Diner, 01935 822636, Su-Fr 9am-5pm Sa 5am-5pm	N50 58.928 W2 43.015	
Junction 29, 01246 856536, Mo-Fr 24hr (6am Mo - 12pm Sa)	N53 11.274 W1 20.827	
Junction 38 Tebay Truckstop, 01539 624505, Mo-Su 7am-11pm	N54 26.325 W2 35.603	
Kate's Cabin, 01733 235587, Mo-sa 630am-10pm	N52 32.641 W0 19.836	
Kate's Cafe, DoveHoles	N53 17.539 W1 53.349	
Kate's Kitchen, Wardlow Mires	N53 16.652 W1 43.562	
Katies Cafe	N53 17.528 W1 53.354	
Katies Kitchen A1 Blyth	N53 21.946 W1 03.185	
Keele Services NW-Bound, 01782 626221, Mo-Su 24hr	N52 59.574 W2 17.234	
Keele Services SE-Bound, 01782 626221, Mo-Su 24hr	N52 59.645 W2 17.471	
Kettle Sings	N52 03.820 W2 20.585	
Killington Lake Services S-Bnd, 01539 620739, Mo-Su 24hr	N54 18.905 W2 38.156	
Kinross Services, 01577 863123, Mo-Su 24hr	N56 12.592 W3 26.405	
Knutsford Services N-Bound, 01565 634167, Mo-Su 24hr	N53 18.050 W2 24.193	
Knutsford Services S-Bound, 01565 634167, Mo-Su 24hr	N53 18.062 W2 23.990	
Lalestone Services, 01656 662910, Mo-Su 24hr	N51 30.349 W3 38.092	

Lancaster Services N-Bound, 01524 791775, Mo-Su 24hr	N53 57.637 W2 45.611	
Lancaster Services S-Bound, 01524 791775, Mo-Su 24hr	N53 57.796 W2 45.546	
Langlands	N53 52.504 W0 42.146	<a href="http://www.langlands-nurseries.co.uk/">http://www.langlands-nurseries.co.uk/</a>
Langlands garden center	N53 52.504 W0 42.146	<a href="http://www.langlands-nurseries.co.uk/">http://www.langlands-nurseries.co.uk/</a>
Lavender Farm	N54 07.716 W0 58.910	
Layby Cafe - Broxton	N53 05.030 W2 46.741	
Layby Cafe, Broxton	N53 05.035 W2 46.772	
Lazy Kettle, 01691 770066, Mo-Fr 7am-10pm Sa-Su 7am-3pm	N52 54.817 W3 02.551	
Lazy Trout Café, 01694 781282, Mo-Fr 7am-4pm Sa 8am-12pm	N52 30.655 W2 49.481	
Lee Mills Café, 01752 202167, Mo-Su 6am-8pm	N50 23.098 W3 58.226	
Leeming Café, 01677 422122, Mo-Su 7am-10pm	N54 17.962 W1 33.998	
Leicester Forest East N-Bound, 01162 386801, Mo-Su 24hr	N52 37.067 W1 12.353	
Leicester Forest East S-Bound, 01162 386801, Mo-Su 24hr	N52 37.229 W1 12.330	
Leigh Delamere Services E-Bound, 01666837691, Mo-Su 24hr	N51 30.640 W2 09.548	
Leigh Delamere Services W-Bound, 01666837691, Mo-Su 24hr	N51 30.524 W2 09.707	
Let's Eat 01928 717322 Mo 8am-6pm Fr-Sa 730am-2pm Su 730am-2pm	N53 17.615 W2 35.560	
Lillypool Cafe	N51 18.315 W2 47.781	
Limes Café, 01623 411254, Su-Th 7am-4pm Fr-Sa 7am-5pm	N53 08.511 W1 02.898	
Lincoln Farm, 01675 442301, Mo 6am-12am Tu-Fr 4am-12am	N52 25.193 W1 40.696	
Lion Inn, Blakey Ridge	N54 23.286 W0 57.304	
Loch Cafe, Pitlochry	N56 42.466 W3 45.045	<a href="http://www.rannoch.net/pitlochry-boating-station/">http://www.rannoch.net/pitlochry-boating-station/</a>
London Gateway Services, 02089 060611, Mo-Su 24hr	N51 38.002 W0 15.964	
Londonderry Lodge, 01677 422143, Mo 6am-12am Tu-Fr 5am-12am	N54 17.106 W1 32.226	
Longnor Tea Rooms	N53 10.878 W1 52.127	
Lord Stones Cafe	N54 25.185 W1 11.596	
Lord Stone's Cafe	N54 25.185 W1 11.596	
Lorraine's, 01630 638866, Mo-Th 7am-9pm Fr 7am-6pm	N52 52.335 W2 30.972	
Lynns Raven 01948 665691 Mo-7am-8pm Tu-Th 6am-8pm Sa-Su 7am-3pm	N52 56.425 W2 39.671	
Madhyamaka Buddhist Meditation Centre Cafe	N53 56.309 W0 44.621	<a href="http://www.madhyamaka.org/">http://www.madhyamaka.org/</a>
Magor Services, 08709 908815, Mo-Su 9am-11pm	N51 35.299 W2 50.313	
Mals Place	N53 11.792 W1 19.163	
Markfield Services, 01530 244777, Mo-Su 7am-9pm	N52 41.782 W1 17.723	
Markham Moor 01777 838921, Mo 6am-10pm Tu-Sa 530am-10pm	N53 15.281 W0 55.586	
Meadows Inn, 01332 361344, Mo-Su 10am-11pm	N52 55.432 W1 27.425	
Medway Services E-Bound, 01634 236900, Mo-Su 24hr	N51 20.530 E0 36.455	
Medway Services W-Bound, 01634 236900, Mo-Su 24hr	N51 20.413 E0 36.510	

Membury Services E-Bound, 01488 674360, Mo-Su 24hr	N51 29.023 W1 33.377	
Membury Services W-Bound, 01488 674360, Mo-Su 24hr	N51 28.904 W1 33.404	
Merlin Cafeteria	N51 20.925 E1 20.852	
Merlin Services 01942793547 Mo-Fr 7am-7pm Sa 8am-7pm Su 9am-7pm	N53 33.259 W2 30.638	
Merrychest, 01474 832371, Mo-Fr 630am-3pm Sa 630am-12pm	N51 25.904 E0 17.418	
Michaelwood Services N-Bound, 01454 260631, Mo-Su 24hr	N51 39.331 W2 25.991	
Michaelwood Services S-Bound, 01454 260631, Mo-Su 24hr	N51 39.482 W2 25.489	
Midway, 01948 663160, Mo-Fr 545am-8pm Sa 545am-6pm Su 730am-2pm	N52 56.263 W2 39.655	
Mill Tea Room	N56 45.881 W3 50.844	<a href="http://www.blairathollwatermill.co.uk/">http://www.blairathollwatermill.co.uk/</a>
Monmouth Services NE-Bound, 01600 740444, Mo-Su 630am-9pm	N51 46.386 W2 48.913	
Monmouth Services SW-Bound, 01600 740444, Mo-Su 630am-9pm	N51 46.326 W2 48.719	
Monsal Head	N53 14.447 W1 43.453	
Monsalhead Cafe	N53 14.447 W1 43.453	
Moonraker Tea Rooms	N53 37.297 W1 53.025	
Mortim	N53 25.807 W1 37.983	
Mountain Coffee Co - Cafe	N57 43.885 W5 42.230	
NANTYBAI	N52 05.147 W3 47.458	
Necton Diner 01760 724180, Mo-Th 8am-630pm Fr 7am-6pm Sa 8am-4pm	N52 39.392 E0 46.437	
Nell's Café/Truckstop, 01474 362457, Mo-Fr 7am-3pm Sa-Su 7am-4pm	N51 24.582 E0 23.221	
New Oak Moor 01283712712 Mo-Th 6am-8pm Fr 6am-3pm Sa 730am-11pm	N52 46.210 W1 41.477	
Newcott Chef, 01404 861277, Mo-Su 7am-6pm	N50 52.463 W3 05.608	
Newport Pagnell Services N-Bnd, 01908 217722, Mo-Su 24hr	N52 04.937 W0 44.915	
Newport Pagnell Services S-Bnd, 01908 217722, Mo-Su 24hr	N52 05.038 W0 44.938	
Nocton Heath 01522 811299, Mo-Th 6am-8pm Fr 6am-5pm Sa 7am-3pm	N53 08.535 W0 29.610	
Northampton Services N-Bound, 01604 831888, Mo-Su 24hr	N52 12.505 W0 56.595	
Northampton Services S-Bound, 01604 831888, Mo-Su 24hr	N52 12.619 W0 56.703	
Norton Canes Services, 01543 272540, Mo-Su 24hr	N52 39.868 W1 58.222	
NT Carlisle, 01228 534192, Mo-Su 24hr	N54 55.703 W2 57.034	
Nunney Catch bikers meet	N51 12.077 W2 22.689	
Nunney Catch, 01373 836331, Mo-Th 7am-730pm Fr 7am-4pm	N51 12.074 W2 22.705	
Oakdene Cafe	N51 18.193 E0 19.958	
Oakdene Café 01732 884873 Mo-Fr 6am-630pm Sa-Su 6am-5pm	N51 18.238 E0 19.957	
offroad route	N53 32.348 W1 46.592	
Old Willoughby Hedge, 01747 830803, Mo-Sa 8am-5pm Su 10am-4pm	N51 06.041 W2 11.735	
Ollerton Cafe	N53 12.253 W1 01.897	
Ollerton Cafe, Ollerton	N53 12.253 W1 01.897	

Oxford Services, 01865 876372, Mo-Su 24hr	N51 44.308 W1 06.019	
Pease Pottage Services, 01293 535756, Mo-Su 24hr	N51 05.048 W0 11.872	
Peggotty's Cafe Wolsingham	N54 43.824 W1 52.987	
Penrith Truckstop 01768 866995 24hr Mo 6am-Sa 12pm Su 12pm-10pm	N54 39.511 W2 45.977	
Peterborough Services, 01733 366850, Mo-Su 24hr	N52 31.846 W0 19.349	
PJ's Café, 01283 820669, Mo-Th 7am-9pm Fr 7am-4pm	N52 52.181 W1 45.671	
Podimore Services, 01935 841717, Mo-Su 24hr	N51 01.326 W2 39.605	
Polly's Cottage Milldale	N53 05.365 W1 47.637	
Ponderosa Cafe	N53 01.447 W3 12.298	<a href="http://www.ponderosacafe.co.uk/">http://www.ponderosacafe.co.uk/</a>
Pont Abraham Services, 01792 884663, Mo-Su 24hr	N51 44.807 W4 03.922	
Poplar 2000 Services, 01925 757777, Mo-Su 24hr	N53 21.559 W2 30.233	
Porkys Diner	N52 04.722 W1 49.794	
Portly Ford Café, 01858 575120, Mo-Th 9am-10pm Fr 6am-8pm	N52 23.930 W1 02.035	
Portsmouth Truckstop, 02392 376000 Mo-Su 24hr	N50 50.155 W1 02.960	
Queens Gait Cafe	N56 00.566 W3 23.664	Nice little cafe, sit out in the summer
Queens Head cafe	N53 07.210 W1 35.082	
Rachel's Café, 01507 588424, Mo-Su 7am-6pm	N52 46.452 E0 10.201	
Ranch Café, 01636 611198, Mo-Th 8am-9pm Fr 6am-8pm	N53 04.769 W0 48.829	
Reading Services E-Bound, 01189 566966, Mo-Su 24hr	N51 25.439 W1 01.942	
Reading Services W-Bound, 01189 566966, Mo-Su 24hr	N51 25.374 W1 01.797	
Red Hot Chilli Cafe York	N53 57.326 W1 06.427	
Red Lion, 01604 831914, Mo-Fr 6am-930pm Sa 7am-12pm	N52 13.930 W1 00.283	
Red Lodge Inn, 01638 750529, Mo-Su 24hr	N52 18.131 E0 28.957	
Redbeck Motel, 01924 862730, Mo-Su 24hr	N53 39.889 W1 26.881	
RHD Light Railway Café - Dungeness	N50 54.859 E0 58.238	
RHD Light Railway Café - Hythe	N51 04.289 E1 04.349	
Riverside Cafe	N52 05.477 W1 57.484	
Riverside Cafe - Bewdley	N52 22.588 W2 18.866	
Rivington Barn	N53 37.537 W2 33.374	
Roaches Tea Rooms, nr Leek	N53 08.720 W1 59.170	
Robo's, 01273 844055, Mo-Fr 545am-3pm Sa 545am-12pm	N50 53.317 W0 09.815	
Ron Perry & Son, 01740 644223, Mo-Su 24hr	N54 39.268 W1 18.201	
RonPerry&Son,01	N54 39.334 W1 18.206	
Rosies Cafe	N53 23.518 W0 49.400	
Rosies Cafe, Beckingham	N53 23.518 W0 49.400	
Route 59 Cafe	N54 00.260 W1 32.580	



Rownhams Services NE-Bound, 02380 734480, Mo-Su 24hr	N50 57.412 W1 27.110	
Rownhams Services SW-Bound, 02380 734480, Mo-Su 24hr	N50 57.457 W1 26.805	
Rowsle	N53 11.328 W1 37.154	
Royal Inn Motel & Truckstop, 01514 246355, Mo-Su 24hr	N53 21.959 W2 42.841	
Salt Box Café, 01283 813189, Mo-Fr 7am-7pm Sa 7am-2pm	N52 52.478 W1 40.679	
Saltash Services, 01752 849404, Mo-Su 24hr	N50 25.200 W4 14.157	
Sandbach Services N-Bound, 01270 767134, Mo-Su 24hr	N53 08.245 W2 20.197	
Sandbach Services S-Bound, 01270 767134, Mo-Su 24hr	N53 08.449 W2 20.200	
Sandsend Cafe	N54 30.039 W0 40.037	
Sarn Park Services, 01656 655332, Mo-Su 7am-6pm	N51 32.105 W3 34.671	
Scotch Corner	N54 26.549 W1 40.778	
Scotch Corner layby	N54 26.549 W1 40.778	Good place to stop for a brew and hot sandwich
Sea View Cafe, Mablethorpe	N53 20.891 E0 15.521	
Seaways Cafe	N54 01.242 W0 39.655	
Sedgemoor Services N-Bound, 01934 750659, Mo-Su 24hr	N51 16.110 W2 55.386	
Sedgemoor Services S-Bound, 01934 750888, Mo-Su 24hr	N51 16.111 W2 55.182	
Severn View Services, 01454 632855, Mo-Su 24hr	N51 36.173 W2 37.061	
Shell Beacon, 01430 426110, Mo-Su 24hr	N53 45.978 W0 38.950	
ShielShop & Five Sister Restaurant	N57 12.743 W5 24.835	
Silver Ball Caf, 01763 848200, Mo-Th 630am-730pm Fr 630am-630pm	N52 00.525 W0 01.471	
Silver Ball Cafe	N52 00.512 W0 01.545	
Silvey's Truckstop 01249 750645, Mo-Fr 530am-1130pm Sa 6am-11pm	N51 30.799 W2 06.589	
Six Hills Café 01664 424129 Mo-Fr 7am-4pm Sa 730am-12pm	N52 44.903 W1 03.727	
Skiach, 01349 830888, Mo-Fr 7am-945pm Sa-Su 7am-8pm	N57 40.733 W4 17.911	
Skirrid Mountain Inn	N51 52.763 W2 58.898	
Smithy Cafe, Monyash	N53 11.740 W1 46.633	
Smokey Joe's 01209 821810 Mo-Th 7am-9pm Fr-Su 7am-8pm	N50 15.575 W5 11.522	
Smoo Cave Hotel	N58 33.779 W4 42.938	Not a cafe, its a pub
Somerfield Supermarket, 01386 765270, Mo-Su 24hr	N52 06.833 W1 56.372	
South Gare Yacht Club	N54 38.466 W1 08.362	
South Mimms Services, 01707 649998, Mo-Su 24hr	N51 41.378 W0 13.561	
Southwaite Services N-Bound, 01697 473476, Mo-Su 24hr	N54 47.855 W2 52.393	
Southwaite Services S-Bound, 01697 473476, Mo-Su 24hr	N54 48.088 W2 52.259	
Square Deal Café, 01628 822426, Mo-Th 630am-230pm Fr 630am-2pm	N51 30.336 W0 49.144	
Squires Cafe Shurburn	N53 46.967 W1 17.353	
Stafford Services N-Bound, 01785 811188, Mo-Su 24hr	N52 53.068 W2 10.333	

Stafford Services S-Bound, 01785 826300, Mo-Su 24hr	N52 52.462 W2 09.845	
Standeford Farm Café, 01902 790389, Mo-Su 530am-8pm	N52 40.193 W2 07.912	
Stannington Services, 01670 789386, Mo-Su 630am-11pm	N55 07.560 W1 40.343	
Star Foston Services, 01400 283800, Mo-Su 24hr	N52 58.313 W0 43.340	
Star Rainton, 01765 641100, Mo-Su 24hr	N54 09.840 W1 26.894	
Star West Wellow, 02380 817100, Mo-Su 24hr	N50 57.257 W1 32.106	
Stenhouse Gallery Cafe	N56 22.366 W3 50.240	Nice place, nice soup!
Stibbington Diner, 01780 782891, Mo-Sa 24hrs Su 8am-10pm	N52 34.127 W0 23.351	
Stirling Services, 01786 813614, Mo-Su 24hr	N56 04.572 W3 55.399	
Stockyard Cafe	N53 26.067 W1 14.471	
Stockyard, 01709 730083, Mo-Fr 5am-9pm Sa 6am-1030pm Su 7am-4pm	N53 26.077 W1 14.415	
Stonehouse Bakery	N54 28.109 W0 54.512	
Stores Cafe Thixendale	N54 02.318 W0 42.797	<a href="http://www.thixendale.org.uk/stores.htm">http://www.thixendale.org.uk/stores.htm</a>
Stracathro, 01674 840236, Mo-Fr 6am-9pm Sa 6am-8pm Su 7am-9pm	N56 46.396 W2 36.639	
Strensham Services N-Bound, 01684 293004, Mo-Su 24hr	N52 03.799 W2 09.445	
Strensham Services S-Bound, 01684 290577, Mo-Su 24hr	N52 03.492 W2 08.488	
Suggits Cafe	N54 29.313 W1 08.102	
Super Sausage 01908 542964 Mo-Fr 7am-5pm Sa-Su 8am-3pm	N52 05.233 W0 54.488	
Swan Services, 01527 861892, Mo-Su 24hr	N52 18.227 W2 06.037	
Swansea Services, 01792 896222, Mo-Su 7am-8pm	N51 40.730 W3 59.790	
Swindon Truckstop, 01793 824812, Mo-Fr 6am-10pm	N51 34.604 W1 43.789	
Tamworth Services, 01827 260120, Mo-Su 24hr	N52 36.394 W1 38.497	
Tan Hill Inn Yorkshire Dales	N54 27.332 W2 09.622	
Taunton Deane Services N-Bound, 01823 271111, Mo-Su 24hr	N50 58.640 W3 08.828	
Taunton Deane Services S-Bound, 01823 271111, Mo-Su 24hr	N50 58.636 W3 08.559	
Tea on the Green, York	N53 57.340 W1 07.909	
Tea Room, Beresford	N53 08.442 W1 48.538	
Teapottery & Cafe	N54 18.419 W1 49.000	
Tebay Services S-Bound, 01539 624505, Mo-Su 630am-10pm	N54 27.157 W2 36.442	
Tebay Truckstop, 01539 624336, Mo-Su 630am-10pm	N54 26.327 W2 35.603	
The Creek Cafe	N53 46.476 W1 53.765	
The Hollies, 01543 503435, Mo-Su 24hrs	N52 41.155 W2 04.818	
TheHil	N53 16.058 W1 37.453	
Thurrock Services, 01708 865487, Mo-Su 24hr	N51 29.522 E0 16.172	
Tims Cafe - Holmfirth	N53 34.243 W1 47.137	
Tim's Cafe, Holmfirth	N53 34.240 W1 47.132	

Tittesworth Reservoir Visitors Centre	N53 08.514 W2 00.560	
Toddington Services N-Bound, 01525 878423, Mo-Su 24hr	N51 56.752 W0 30.218	
Toddington Services S-Bound, 01525 878422, Mo-Su 24hr	N51 56.930 W0 30.034	
Tollgate Snack Bar, 01490 430398, Mo-Su 8am-3pm	N52 58.374 W3 15.326	
TOWNHEAD FARM	N54 01.877 W2 09.117	
Travellers Rest, 01415 872448, Mo-Su 11am-11pm	N55 50.974 W4 24.947	
Trowell Services N-Bound, 01159 320291, Mo-Su 24hr	N52 57.652 W1 16.167	
Trowell Services S-Bound, 01159 320291, Mo-Su 24hr	N52 57.815 W1 15.889	
Truckers Rest, 01543 469183, Mo-Su 6am-1130pm	N52 40.924 W2 03.764	
Truckhaven, 01524 736699, Mo-Fr 24hr Sa-Su 7am-9pm	N54 08.236 W2 45.441	
Village Pantry Raskelf	N54 08.153 W1 14.740	
Wanted Inn	N53 19.380 W1 51.915	
Wardle Services 01829260304 Mo-Fr 7am-8pm Sa 8am-7pm Su 9am-7pm	N53 07.183 W2 36.166	
Warwick Services NW-Bound, 01926 651681, Mo-Su 24hr	N52 13.040 W1 30.256	
Warwick Services SE-Bound, 01926 651681, Mo-Su 24hr	N52 13.157 W1 30.302	
Washington Services N-Bound, 01914 103436, Mo-Su 24hr	N54 53.348 W1 33.617	
Washington Services S-Bound, 01914 103436, Mo-Su 24hr	N54 53.397 W1 33.443	
Watford Gap Services N-Bound, 01327 879001, Mo-Su 24hr	N52 18.390 W1 07.412	
Watford Gap Services S-Bound, 01327 879001, Mo-Su 24hr	N52 18.501 W1 07.368	
Watling Street Café, 01582 840215, M-F 6am-10pm Sa 7am-1pm	N51 49.425 W0 25.622	
Wear View Diner	N54 39.080 W1 46.182	Telephone 01388 833880
West Cave Services, 01430 422127, Mo-Su 24hr	N53 46.109 W0 39.713	
Whitby Stn Cafe	N54 29.088 W0 36.886	
White Heat Cafe	N58 33.833 W4 43.444	
Whitwood Cafe	N53 42.773 W1 23.955	<a href="http://www.whitwoodtruckstop.co.uk/">http://www.whitwoodtruckstop.co.uk/</a>
Winchester Services N-Bound, 01962 791140, Mo-Su 24hr	N51 07.131 W1 15.255	
Winchester Services S-Bound, 01962 791140, Mo-Su 24hr	N51 07.039 W1 15.218	
Woodall Services N-Bound, 01142 487992, Mo-Su 24hr	N53 18.925 W1 17.064	
Woodall Services S-Bound, 01142 487992, Mo-Su 24hr	N53 18.938 W1 16.815	
Woodbine Cafe, Hope	N53 20.897 W1 44.657	
Woodside Café, 01405 839478, Mo-Fr 6am-230pm	N53 42.389 W0 55.931	
Woody's, 01463 715815, Mo-Fr 6am-9pm Sa 6am-6pm Su 8am-3pm	N57 29.330 W4 13.551	
Woolley Edge Services N-Bound, 01924 830371, Mo-Su 24hr	N53 37.228 W1 33.011	
Woolley Edge Services S-Bound, 01924 830371, Mo-Su 24hr	N53 37.312 W1 32.805	
Wynyard Park Services, 01740 644875, Mo-Su 24hr	N54 37.682 W1 18.332	
Yorkshire Lavender Cafe	N54 07.716 W0 58.910	