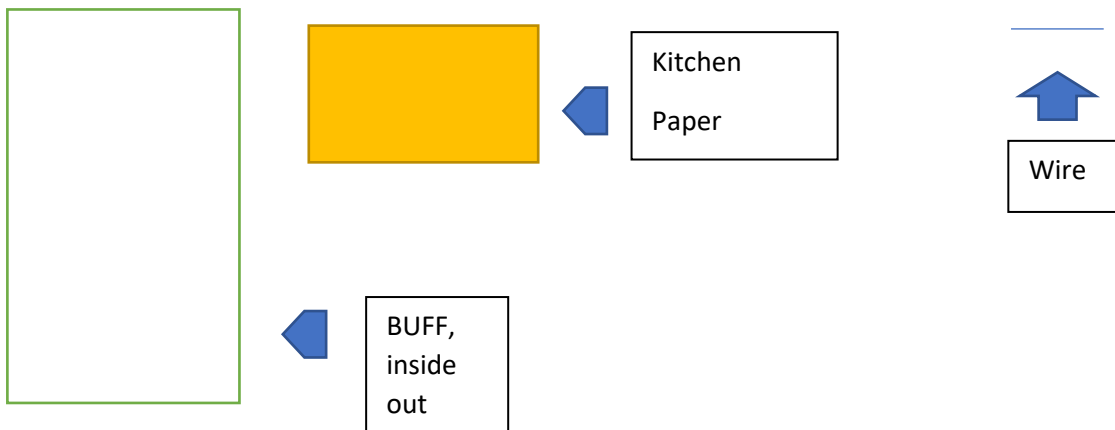


SAM Face Mask

It appears that we may be asked to start wearing facemasks soon. Clearly, we don't want to cause problems with the supply of masks for NHS and care workers so here's a plan for a mask that uses things that we all have lying around as motorcyclists. The plan is based on one produced by the University of Hong Kong and is claimed to catch 90% of the airborne particles that YOU produce through breathing, coughing and sneezing – it will not give as good protection against other people's bugs but is better than nothing.

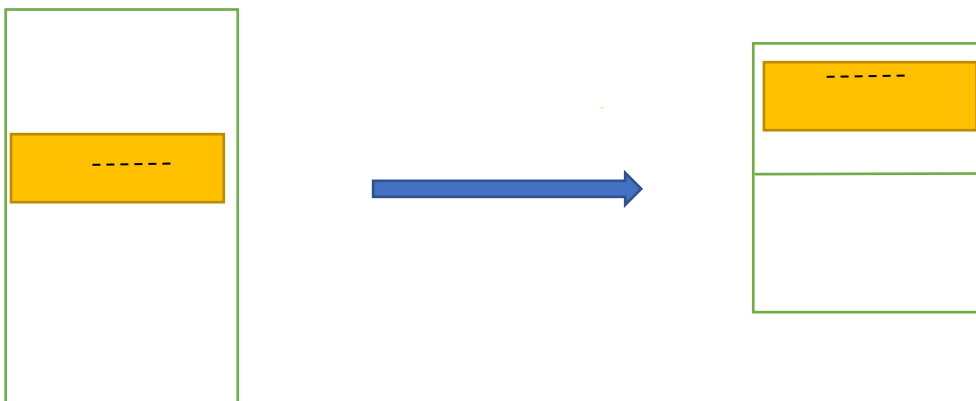
So, what do you need - you will need a buff, or similar tubular scarf, a piece of kitchen paper and one of those little wire thingys that you can use to seal a plastic bag.



Now, fold the kitchen paper in half and place the wire in the middle of the fold.



Now put the folded paper and wire in the middle third of the buff, with the fold and wire at the top, and fold down the top half of the buff over the paper.



Now fold the bottom third of the buff upwards covering and enclosing the paper again.



At this stage, if you want, you can fold it inside out again. You can use this as a mask by pulling it over your head as normal and using the wire to cinch it tightly around the shape of your nose. I am sure that you are all capable of producing something better than my idea here – if so, please, circulate it. In the meantime, Take Care and Stay Safe.

Pete