



SAM Weekly Newsletter - 21st July 2023

Biking news for ALL our advanced riders, their family and friends

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Editorial

It's been another really interesting week in the world of motorcycling. The SAM Club Summer Picnic was very well attended and everyone had a really good time. However, the 10 members who booked a place and didn't attend cost the SAM Club £90. The number of meals was pre-booked, so we were committed to paying for the non-attendees. Our thanks go to Fran (Chair) for organising the event, with honourable mentions to Aidan (Secretary) and Tony (Fran's husband). The latter pair erected the SAM gazebo which seemed to wind up as a cover for someone's bike. Other facilities included the swingball game enjoyed by some members.

IAM RoadSmart, following the plan to extend the London clean air zone, undertook a ULEZ survey to assess motorists attitudes. The results are very interesting. Bikers were found to be more likely than car drivers to take part in the London Mayor's consultation exercise. Car drivers would consider changing to electric vehicles, but a significant number, despite the scrappage scheme, would keep their more polluting transport. There were also age differences. Younger motorists, bike and car, would find the new charges unaffordable and would consider switching to public transport. Older bikers and drivers saw the new charges as a tax grab. They questioned how much of the funds raised would be put into improving public transport provision. In contrast, bikers were much more likely to switch to electric bikes whilst older drivers believed the increased costs were unaffordable, but they may have no alternative but to pay up. After all, the cost of the ULEZ tax is being collected ahead of improving public transport provision. But businesses still need workers and workers still need to travel to work. It is estimated that it will need 700,000 cars to pay for ULEZ. If vehicle traffic is reduced and cleaner air achieved, will there be enough revenue to pay for improvements in public transport? In addition, will businesses decide that

relocating outside the capitol is preferable to losing valuable members of their workforce. We shall see.

Other recent IAM RoadSmart research into motorcycling has shown that the public have mixed feelings about motorcycling and its role in an integrated transport system. Whilst Health and Safety At Work legislation was introduced in 1974, 49 years ago, bikers working in the gig economy are paid little, have to work long hours and wear little in the way of safety gear. These working bikers are trapped in a system that keeps costs down by encouraging competition for the limited work on offer. Employers provide very limited training, use inexperienced riders on L-plated bikes with huge boxes carrying fast food. This exploitation of those desperate for work has got to stop.

The Holy Grail of personal transport solutions, electric bikes, is given a critical examination. There are definitely advantages and limitations. The weight of electric bikes, cost of purchase, a lack of re-charging infrastructure and range anxiety are all examined. Yes, there is a broken foot reported! Smooth instant acceleration, continuous variable transmission and 0-60mph in 3 seconds make for a thrilling ride. Interestingly, reducing speed for cornering shortens the range to recharging.

In other news there is some advice on how to cope with slippery conditions. Helpful for new/inexperienced riders and reminders for long-in-the-tooth bikers. Just in case the worst happens there is some help on how to pick your bike up after a spill. It's from 2010, but the principles don't change. You can watch as some very slim bikers pick up some very big bikes. Of course, if things go really bad BMW, from 2024, are providing an SOS button. What does it do? Well, it calls a BMW operator who will, if needed, call the emergency services. You can just hear the expletives and ranting down the line!

Kevin Williams writes about the limitations of CBT pre-ride briefing. This is interesting because the NMC (National

Motorcyclists Council) and the MCIA (Motorcycle Industries Association) have written to Mark Harper (Secretary of State for Transport). They reminded Mr Harper about the changes, promised in 2017 (6 years ago), to the fundamental changes needed to CBT training and certification. These were seen as vitally important to the development of safer motorcycling. It's a great example of the motorcycle sector, public authorities and road safety organisations coming together to make positive changes in motorcycle safety. Having had his memory refreshed, let's see if Mr Harper can now remember what he should have done - and do it!

The SAM Club picnic escaped the worst of the rain and it's very wet at times. However, Summer is the time for motorcycle touring. As it is scorchingly hot in the south of Europe we consider the relative merits of mesh versus textile jackets.

Finally to the history slot. Motorcycling development has gone through periods of fast growth and stuttering bike development. Nothing signifies this uncertainty than the turbulent 1940s. Some of the most iconic motorcycles ever produced began life in this decade. Happy reading.

Helping the Whiteknights Blood Bikes

We are stepping up our partnership with the Whiteknights Blood Bikes. When attending promotional events, the Whiteknights often get people wanting to volunteer to be a Blood Biker. Of course, they always steer them to the SAM Group to complete advanced rider training. The Whiteknights need help from SAM members to explain, encourage and support potential Associates to take up advanced rider training. SAM Members can you help out?

Ways to stay in touch with your Club!

It's really easy to stay in touch with your Club! We provide emails, a website and use social media accounts for you to contact us. All of which is free of any cost to the Club. If you are not getting the Club information circulated, or simply want to tell us something, ***just let us know*** at sam-editor@iam-sheffield.bike. We'll be happy to ensure that we stay in touch with you. You can also now sign up for Club emails on the [SAM website](#). Paul Conway
Editor & Webmaster, Sheffield Advanced Motorcyclists

Biking News Online



Let's face it, motorcycles have way more risks associated with riding them than cars do with driving them. Two wheels instead of four. Exposure to the elements and no protective features such as crumple zones, safety cells, or the like. The only protection you truly get is the gear that you're wearing, which is why we here at BestBeginnerMotorcycles all follow the [ATGATT tenet: All The Gear, All The Time](#).

[Read more](#)

Can you ride a motorbike with a car licence? While it may seem strange, there are in fact motorbikes you can ride using just your car licence if you're eligible. But how can you ditch your four wheels in favour of a two-wheeled machine? This blog explains how you can use your driving licence to ride a motorbike. [Read more](#)





In the years since London's Ultra Low Emission Zone (ULEZ) was established, Bikesure has [conducted surveys](#) to learn how Londoners have received and reacted to it – and how ULEZ may impact their lives looking into the future.

With the zone expanding yet again, this time to cover all London boroughs from August 29th 2023, we want to understand to what extent changing opinions about the environment – as well as rising cost of living – have driven changes in opinions among different demographics and types of road users. [Read more](#)

Why is motorbike insurance so expensive? Costs associated with getting on the road with your first motorbike can quickly get out of hand – from the price of the bike itself to expensive [motorcycle insurance](#). As well as your chosen bike and insurance cover, you will also need to budget for:



- Safety equipment including helmet, leathers and other appropriate riding gear
- Provisional licence
- Compulsory Basic Training (CBT)
- Road tax
- MOT, if one is needed [Read more](#)



After spending the past two months with the 2022 Zero SR/F Premium, I feel like I'm starting to get to know it a bit better. Two months sounds like a long time, I know. Still, like most people, I have work to consider, so I

unfortunately can't ride all the time (boo). Also, there's one potential drawback that I think anyone considering this bike probably needs to know about, and it's one that unfortunately delayed my spending quality time in the saddle right away. [Read more](#)

Slippery Secrets: The Keys To Riding In Low Traction. New riders, listen up, experienced riders, here's a refresher. How does one ride in slippery terrain? With enough experience, most of us will have a general understanding of how to maximize the minimal amounts of traction, but to really conquer it requires a few trade secrets.



Coming across this video, I found it worthwhile to watch and review. So let's check out what Adam Riemann has to share with us about low-traction dirt riding. [Read more](#)



BMW Announces New Intelligent Emergency Call Feature, 2024 Motorcycle Lineup. BMW Motorrad has announced the first updates for model year 2024. BMW models receive new color options, and

BMW has also rearranged some of the options packages, moving some features from one package to another and removing some features from options packages to make them stand-alone add-ons. The brand has also added a new Intelligent Emergency Call feature, which comes standard on some models and as an option on other models. [Read more](#)

NMC, MCIA AMONG SIGNATORIES OF LETTER TO DFT URGING CHANGES TO CBT The National Motorcyclists Council has signed a letter, along with Transport for London and the Motorcycle Industry Association, urging the UK Government to enforce changes to motorcycle CBT. The letter was signed by representatives of the National Motorcyclists Council ([NMC](#)), Transport for London (TfL) and the Motorcycle Industry Association (MCIA), and addressed to Mark Harper, the Secretary of State for Transport. [Read more](#)



Motorcycle Touring Guide for Beginners Motorcycle touring is a form of tourism that involves using a motorcycle. It has been an exciting topic since at least 1915. Preparations include route planning for unknown areas, packing the necessary tools, finding food, making overnight stops, finding fuel in remote areas, and caring for the rider's body. It can involve camping or going to motorcycle rallies along the way. Some riders take touring to extremes, with rides

of thousands to over 100,000 miles or kilometres lasting years or decades. [Read more](#)

Most of us have witnessed this scenario at least once in our motorcycling life: someone drops his or her motorcycle, and three or four people scramble over to help muscle it upright. But have you ever seen someone actually upright a motorcycle alone? It can be done. [Read more](#)



Mesh VS Textile Motorcycle Jackets

A good jacket is essential for a motorcycle rider for weather protection, comfort, and safety, and of course, it should make the rider look good in it. The priorities are safety and weather protection. Traditionally,

seasoned motorcycle riders depended on leather jackets for their ruggedness and resistance to abrasion. The main drawbacks of a leather jacket are it is too heavy and warm for a hot climate.

[Read more](#)

The 1940s were a turbulent time for motorcycle manufacturers. On one hand motorcycles were evolving into faster, more reliable and capable machines and then on the other World War II was consuming the world and bikes were being built to go to the war efforts. Following the



war, manufacturers hit the ground running and picked up where they left off pre-1939 and developed some of their most exciting motorcycles that would go on to revolutionise motorcycling and provide a springboard for other future classics. So, let's have a look at 11 classic 1940s motorcycles. [Read more](#)

SAM Meetings



(SAM Summer Picnic Meet)

***SAM Club Saturday Meetings, Meadowhall Retail Park
9am every Saturday throughout the year.
Come and join us - you know you want to ride!***



Next SAM Club night: **4th
September 2023 meet at
7.30pm for an 8pm start at
[Treeeton Miners Welfare, Arundel
St, Treeeton, Rotherham S60 5PW,
UK](#)**



Always carry your [FREE Biker I.C.E. Card](#). It gives emergency services staff vital information about the right treatment for you, should you be involved in an accident. Don't forget to update it if your health and/or social circumstances change. SAM Club - dedicated to helping YOU to be a safer rider.

**ANY MEMBERS WHO HAVE NOT PAID THE
SAM CLUB FEE - PLEASE PAY NOW!!**
Thank you.

Whiteknights Blood Bikers



Whiteknights Yorkshire Blood Bikes would like to hear from people who are able to become volunteer fundraisers for this vital charity that benefits patients in Yorkshire. Please get In touch. Even if you can only spare an hour to volunteer for us - we really need people to help us. Hope to hear from you soon. Message us

through Facebook or email: [fundraising@whiteknights.org.Uk](mailto:fundraising@whiteknights.org.uk)



249
Jobs completed



Whiteknights
Yorkshire
Blood Bikes

242 Urgent Jobs
1 Emergency Jobs
3 Relay Jobs
3 non-urgent jobs



The time donated is an average saving to the NHS of approx. £10,698.40 over the Month



8120 Miles Ridden/Driven
456 Hours on call

Just some of the Items we have transported this year



1 - Breast Milk



175 - Bloods and Covid Samples



0 - FMT Samples



1 - Fluids



72 - Pharmacy Items and Patient Records

Bikes donated by:



Investing For Tomorrow



FreeMasons



We maintain the service 365 nights a year, and weekend and Public Holiday daytimes. This is a 100% volunteer service provided at no cost to the NHS

Registered Charity No. 112451

Whiteknights are proud to publish our call-out statistics for June 2023. Our Blood Bikers travelled over 8000 miles during this period. We are all volunteers and everything we do is done free-of-charge to benefit the NHS and patients. Please would you

consider making a summer donation to support this vital service. Please [donate through our Just Giving page](#). Thank you.



Whiteknights Yorkshire Blood Bikes would like to thank the friends and members of Alwoodley Park Methodist church for holding today's Strawberry Tea in aid of Whiteknights . It's been a great way to bring the local community together.

South Yorkshire Safer Roads Partnership



BLIND SPOTS: Over 1/2 of all registered vehicles in the UK are driven for work in some capacity. A stretch of motorway during a normal working day would likely feature a higher proportion of commercial vehicles – 60% 70% 80%? [Did you know that HGVs have limited visibility - do you know the zones?_@National Highways: Yorkshire #travel #lorry #truck #trucker #hgv #haulage #lorrydriver #heavyhaul #truckdriver #vanlife](#)

TOOLKIT FOR SAFE TRAVELS:

Commercial vehicle drivers can access a free on-line toolkit that helps reduce costs, improve operating conditions, ensures a vehicle is safe and legal and promotes wellbeing behind the wheel:

<https://vandrivertoolkit.co.uk/>

@[National Highways](#)

[#logistics](#) [#courier](#) [#vanman](#) [#lorry](#)
[#Truck](#)



LEGAL DUTY: Every week in the UK, around 20 people are killed and 220 are seriously injured in collisions involving driving for work. Employers have a legal duty to manage their employees' road risk in the same way as any other Health & Safety issue to protect them and non-employees alike. [Find out more](#)

EVENT: Fancy cycling with an Olympian?

[Ed Clancy](#) is hosting a Rock Up and Ride event on Wednesday (19 July). Find out more:

<https://sysrp.co.uk/News/edride>

[South Yorkshire Mayoral Combined Authority](#)

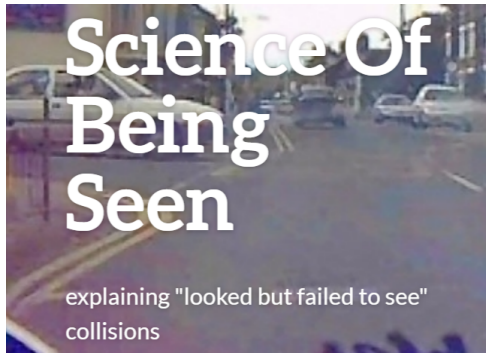
[#cycling](#) [#cycle](#) [#activetravel](#) [#fitness](#)
[#Olympics](#) [#sheffielddissuper](#) [#traffic](#)





BetheBest – we have created a generic logo to encourage all riders to take additional training in one format or another; such as IAM, BikeSafe or ERS. The new logo and #BetheBest tagline has been printed on promotional snoods to promote the campaign (*available at SAM Club Nights*). The snoods have been produced in a series of different motorbike brand colours, (Red, Orange, Green and Blue), to test if this approach is more appealing to riders.

Kevin Williams



For many years road safety experts, police and motorcyclists have known that the most common collision between a motorcycle and another vehicle happens when the motorcyclist has right-of-way and another driver turns into the rider's path. All the way back in 1977, US researcher Harry

Hurt stated:

"The most likely comment of an automobile driver involved in a traffic collision with a motorcycle is that he, or she, did not SEE the motorcycle..." [Read more...](#) Also, see all Kevin's posts at ko-fi.com/survivalskills.

LAST WEEK'S ROUND-UP



Getting Started - riding & alcohol

After the off-road sessions on CBT, it's back to the classroom for Element D. It's described as 'practical on-road training preparation - meeting the legal requirements to ride, attitude, positioning, separation distances, speed, anticipating what other road users may do, and preparing for developing hazards.' The idea is that the learner has all the information needed "to ride legally and safely on the road and to prepare them for the on-road riding element of compulsory basic training (CBT)". [Read more](#)

Elevenses 350 Wed 12 July - motorcycle news, tips & views

in today's show... biker jailed for attempted murder of rival motorbike gang member... minister says councils should remove low traffic

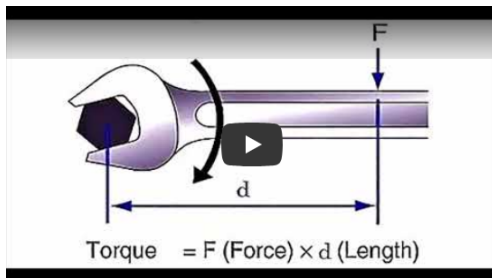
neighbourhoods... Verge adopt Tesla's NACS charging standard...

Buell Super Cruiser fuses 'design and performance'... are Royal

Enfield about to reveal a 750... more camel than cool - BMW's

new CE2 electric bike... in today's discussion point - is there any

evidence for more effective day riding light patterns? [Watch here](#)



60 Second Science July 13 Let's talk about torque Pt 1

*** 60 Second Science *** Let's talk about torque Pt 1 [Watch here](#)

Are you competent? Or only skilled? Pt 6

My most recent series has explained the difference between practical 'hard skills' and the less-tangible and rarely-discussed 'soft skills' of riding, and different levels of expertise. As we get towards the end of this series, let's start today's article with a statement I heard recently: [Read more](#)





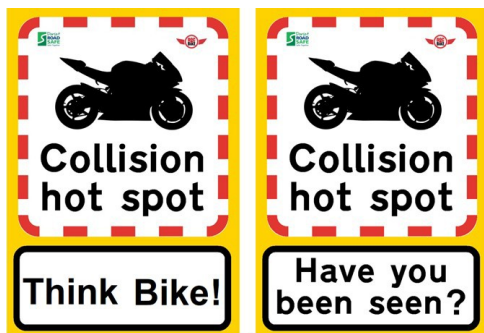
Up-skilling the roundabout way - diesel
 If you've been following my Elevenses webcasts - and if you don't, why not?? - you'll know that I've been looking at a safety campaign that claimed it was targeting high-risk roads with posters. What I found

when I examined the actual crash data available for free on a website called collisionplot.co.uk was that town centres were - not too surprisingly - littered with collisions and crashes involving powered two wheelers. [Read more](#)

Elevenses 351 Sun 16 July - motorcycle news, tips & views

in today's show... ULEZ signs banned by Essex council... gig economy riders work in dangerous conditions survey shows but most still order food...

blood test for drowsy riders under development... Spain installs STOP line cameras... Isle of Man's Southern 100 event abandoned after double fatality... new 700-four sportsbike from Benda... today in-depth - the need for evidence-based road signs...[Read more](#)



Let's ensure 'Ride Safe' signs go up where needed

Some years ago I met Dr Ian Mew on one of our early Biker Down courses. He's the person behind the Doc Bike scheme. Doc Bike are working with Dorset Council as well as

Bournemouth, Christchurch and Poole Councils on their local 'Think bike' campaign, and they want to "...see what we can do to make these motorcycle collision hot spots less of a risk to bikers." And the interesting point for me is that DocBike have been calling for what they term 'evidence-based road signs'. [Read more](#)

IAM RoadSmart News



[Could motorcycles help solve traffic congestion and poor air quality in Britain's cities?](#)

New research commissioned by the UK's leading road safety charity, IAM RoadSmart, shows that the public are divided about

the benefits of motorcycling in improving air quality and traffic flow, leading the charity to raise awareness about the potential motorcycles possess in easing congestion and reducing emissions.

[More information](#)

[The gig issue... delivery companies urged to do more to protect safety of motorcyclists](#)

A survey by road safety charity IAM RoadSmart has revealed that many members of the public feel comfortable ordering food via a motorcycle delivery rider in adverse weather and road conditions, even after stating they think it is unsafe to do so. [More information](#)



[Remember, dogs die in hot cars](#)

With summer in full swing, IAM RoadSmart has some useful tips on making sure your dog doesn't suffer in hot conditions. Everyone knows dogs can die if left in a car on a hot day, but it's not just being left in a car that can cause them to overheat. [More information](#)

Many of our members continue to progress after taking their Advanced driver or rider course, and there is a variety of opportunities to explore. This could be becoming an Observer, taking your Masters test, or even becoming an active member of your local Group.

[Find out more](#)



With summer in full swing and the ongoing warmer weather, it is important to remember the steps to keep your pet pooch safe in the car.

We've put together a few tips, along with some advice from Dogs Trust, about how to properly travel with dogs this summer. [Find out more](#)

Meera Naran MBE was recently taken out by one of our area managers, Shaun, on a motorbike ride in the Leicestershire countryside – “Meera and I really enjoyed the experience, and I was very pleased to be able to help deliver on the promise she had made to her son Dev.” Meera’s son, Dev, was tragically killed on a smart motorway in 2018, and since then, she has campaigned tirelessly for safer drivers on safer roads. In memory of her son,



Meera has campaigned for Dev's Law to be passed, meaning all new vehicles should be fitted with AEB (Autonomous Emergency Braking). It is predicted that implementing AEB in all vehicles could save thousands of lives and prevent thousands more casualties on UK roads in the coming years. [Find out more about Dev's Law](#)



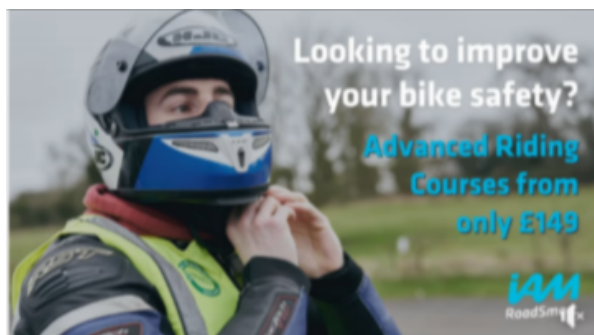
In line with World Youth Skills Day, we want to show recognition to those who want to better their driving/riding skills from a young age to ensure road safety for all road users. IAM RoadSmart offers support to all drivers and riders, regardless of age or experience.

[Find out more about our Young Driver Assessment here](#)

Get involved with the Great Debate!

Should e-scooters be road legal?

Comment your thoughts below, and your views could appear in the 'Great Debate' feature in the Autumn/Winter issue of our magazine, RoadSmart.



Want to become a better rider? Our Advanced Riding Course can help. The roads can be a dangerous place, even for the most alert and cautious riders. While you can never be

100% safe, becoming an advanced rider will equip you with the skills to correctly anticipate, and plan for, the hazards you encounter on your rides. [Find out more](#)

SAM members have you got some news to share? Send it to sam-editor@iam-sheffield.bike and share it with all your SAM Club friends...

Stay healthy and ride safe

Paul Conway (on behalf of the SAM Committee) Sheffield
Advanced Motorcyclists

Charity no. 1089671 IAM Group no. 4152



Saturday Meetings are for club members, observers, associates and ANY biker interested in taking an advanced rider course.

Meetings are usually for one of these purposes:

- members take the opportunity to catch up with each other and generally socialise
- observers will be taking their associates out as part of their preparation for the advanced test
- other members will form smaller groups and ride out usually for breakfast somewhere
- Bikers who want to learn about how to become an advanced motorcyclist

If you'd like to find out more about us, join us at 9am any Saturday throughout the year, at Meadowhall Retail Park, Sheffield S9 2YZ, just off J34, M1.

Being a member of the SAM Club

To be a member of the SAM Club you MUST also be a current member of IAM RoadSmart. As a registered UK charity the SAM Club has charitable objectives to provide advanced motorcycle education and training. Our charity has to abide by the national standards, testing and liability insurance cover to continue these activities. Liability insurance ensures that, within the events covered, both the SAM Club, its Trustees and members are safeguarded against most untoward events; this includes all formal training and social events. Also, the SAM Club is dedicated to promoting the education and training of bikers in advanced riding knowledge and skills, both locally and nationally. At a total cost of £50/year, i.e. 96p/week, you help ALL your fellow bikers to improve their riding knowledge and skills. Thank you.

Associates: SAM's highly trained, dedicated, self-funding, volunteer Observers, meet all their own expenditure in providing your training. When you go out on observed rides with your Observer, we are asking you to donate £10 to offset a little of their running costs in helping you to become an advanced motorcycle rider. Thank you.

Extra bits

- Next SAM Committee Meeting: **28th September 2023**
- Next SAM Club Night: **4th September 2023 meet at 7.30pm for an 8pm start [Treeton Miners Welfare, Arundel St, Treeton, Rotherham S60 5PW, UK](#)**

- **Gift Aid Form:** Gift Aid allows UK charities to claim back the basic rate tax already paid on donations. This means we can claim back from the government on your behalf 25p for every £1 donated, boosting the value of the donation by a quarter. Use this link to fill in the form on the SAM website and send it to treasurer@iam-sheffield.bike.
- **Not getting your SAM emails?** If any member is NOT getting SAM Club emails, first check your junk folder, then send a request to sameditor@iam-sheffield.bike. Pass on this message to any members who are complaining about not getting their SAM Club emails.
- **Changing your email address:** If you change your email address then let me know so that we can keep you informed of all the exciting things
- happening in your club.
- **IAM RoadSmart member discounts:** SAM members, are you making the most of your IAM RoadSmart membership? There are lots of discount savings that can offset your IAM RoadSmart and SAM membership fees, so grab a bargain TODAY!
- **Share with your friends:** Know someone who is interested in biking? Why not share this SAM Update and help them to be an advanced rider.
- **Follow us on** [Facebook](#), [Twitter](#) & [Instagram](#).

What are we about...

The Sheffield and District Advanced Motorcyclists (SAM) are an independent charity that provides public education, and training in advanced motorcycling skills. Its aims are to increase public awareness and understanding of motorcycling and the advanced knowledge and skill skills required to ride safely on public roads. It is an affiliate group of the Institute of Advanced Motorists (IAM RoadSmart) and works closely with statutory and non-statutory organisations in promoting public information

and education on motorcyclists and motorcycling in its designated region. SAM's volunteer motorcyclists are all trained to and maintain national standards of advanced motorcycle riding. They provide ongoing guidance and support to prepare motorcyclists for UK nationally recognised advanced motorcycling tests. SAM works closely with other charitable groups who require advanced motorcyclists to support public events, NHS dispatch rider services and many other socially responsible activities. SAM provides an essential public service in encouraging, promoting and marketing improved safety on public roads in the UK and internationally through IAM RoadSmart. SAM also has a very active social events programme that encourages its members, family, friends and the public, to both support the charity's socially responsible objectives and enjoy the camaraderie and support provided by the club.

Club Merchandise

"YOU can proudly support YOUR Club"



Clothing can be ordered online direct from:

APRINT LTD

138 Morthern Road

Wickersley

Rotherham

S66 1EA

Telephone: 01709 709977

Fax: 01709 709987